Adrian King

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Summary
I am a dedicated College student athlete with an excellent work ethic. I am looking for a part-time employment opportunity to be a valued citizen in my community.

Skills/Certifications

- Coachable, responds efficiently to directions and takes initiative.
- Practical use of basic computer applications
- Responsible care and supervision of young children
- Dependable and dedicated team player
- Standard First Aid CPR C certification
- National Life Saving Society Certification (NLS)
- Swimming instructor certification
- First aid instructor certification

Employment History

November 2022 to 2025: Instructor Guard, City of Hamilton, Recreation Department Aquatics Division. Responsible for teaching children of all ages and adults water safety and aquatic skills, and supervision of open swims and swimming programs.

May 2022 to September 2022 and May 2024 to September 2024: Lifeguard, Hamilton Conservation Authority, Wild Waterworks
Responsible for supervision of park patrons to ensure a safe and enjoyable experience on site.

Volunteer Work

2021 - Volunteer, Cycling Canada
Hamilton, ON

- Provided technical support to produce an injury prevention training video
- Collaboration on the creative content
- Sound knowledge and application of video editing and publishing software

2017 - Volunteer, Youth Leader in Training (L.I.T.)
Chedoke Presbyterian Church Hamilton, ON

- Responsible care and supervision of young children
- Facilitate creative recreational and arts activities for young children
- General clean up

2018 - More Than A Bystander Fundraising Drive for Martha House
Hamilton, ON

- Door to door sales of merchandise to raise funds for a Women's Shelter

2024 – current: Volunteer coaching Judo
Kawasaki Rendokan Judo Academy Hamilton, ON

- Responsible for supervision of young children- young adults
- Coaching all skill levels to develop and learn new skills and competitive strategies
- Active team building for each althlete