

July 2019- May 2025, Hamilton

- Interpreted blueprints, technical drawings, and building plans.

Phoenix Barry

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Experience

Metal & Maple / Carpentry and metal working

- Measured, cut and assembled materials with a focus on precision and safety.
- Collaborated with team members to complete projects.
- Maintained a clean and organized work environment.
- Applied problem- solving and critical thinking to adjust plans.
- Demonstrated physical endurance, attention to detail, and workplace safety.
- Worked independently and under pressure in fast- paced construction environments
 - Followed safety procedures in all phases of fabrication and installation.
 - experience in metal fabrication, including cutting, bending, and assembly.

Metro/ Meat Butcher and Grocery Clerk

November 2021 - Present, Hamilton.

- Followed strict procedures on handling various equipment while maintaining food and health safety protocols.
- Provides respectful and courteous customer service while taking orders and offering product knowledge.
- Worked collaboratively with coworkers and management to ensure daily operations were met.
- Adapted quickly to challenging tasks in a fast paced retail setting.
- Demonstrated reliability and punctuality while working various shifts including morning, afternoon, and night.
- Demonstrated high physical stamina and endurance while working shifts.
 - Experienced in receiving and loading cargo at loading docks.

Respite Work / At Home Care

January 2019- Present, Hamilton

- Provided short- term care for individuals with disabilities and special needs.
- Offered companionship and engaged clients in social, recreational and therapeutic activities to promote well- being.
- Demonstrated patience, empathy, and adaptability when responding to the unique needs of each individual.
- Assisted in crisis situations by remaining calm and applying conflict resolution and de- escalation skills.

Education

Bishop Ryan Secondary School

September 2020- June 2024, Hamilton

Sir Winston Churchill / High School Diploma

September 2024 - June 2025, Hamilton

Received High School Diploma and graduated with honours.

Certificates

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- WHMIS Certification
 - Ontario Ministry of Labour, Training and Skills: Worker Health and Safety Certification