

Reid McMann

Contact

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Experience

Franks Organic Garden 1 month 2026

Retail Butcher

Clean meats to prepare for processing or cutting.
Prepare special cuts of meat ordered by customers.
Cut, trim and prepare standard cuts of meat.
Wrap and package and price prepared meats.
Remove bones from meat.
Grind meat.
Prepare special displays of meats, poultry and fish products
Shape, lace and tie roasts, other meats, poultry and seafood
Ensure health and safety regulations are followed.
Clean and assemble grinder

Cascades 6 months 2024-2025

Stacker operator

Operate stacker machines to organize and stack materials/products based on job specifications.
Monitor equipment to ensure proper functioning and make adjustments as necessary.
Inspect stacked products for quality and consistency.
Remove defective or damaged items and report any issues to the supervisor.
Keep the work area clean, organized, and free of hazards.
Follow daily production schedules and meet established performance targets.
Assist with inventory tracking and materials handling.
Comply with all company safety policies and OSHA regulations.
Communicate effectively with team members and supervisors.
Perform minor maintenance or troubleshooting on equipment as needed.

Home Hardware 1 year 2022-2023

Yard and Warehouse Labourer

Operate forklift.
Keeping the yard clean and the inventory neat and orderly.
Greet and serve yard customers
Be familiar with the locations(s) of all inventory and equipment.
Assist customers in handling large or heavy items.
Take all necessary safety precautions when handling freight, tools, and equipment.
Receive incoming merchandise.
Report any shortages, damaged goods, and backorders to your supervisor.
Pick orders for shipping

Skills

Forklift operation.
Merchandising.
Shipping/receiving.
Hand tool operation.

Education

Dr Gw Williams Secondary School 2017-2022

Franks Organic Garden 6 months 2025-2026

Dishwasher/Prep cook

Operate an industrial dishwasher, washing dishes and glassware by hand when necessary.
Unload dishes, silverware, and glassware promptly and store them in the appropriate places.
Carry out basic cleaning tasks around the premises.
Monitor and maintain cleanliness, sanitation, and organization of kitchen work areas.
Scrape, clean, dismantle, and reassemble all stoves, ovens, grills, and broilers to properly clean.
Clean and maintain kitchen floors.
Empty garbage in kitchens.
Clean and wipe down work surfaces
Follow all required safety and standard operating procedures
Assist cooks and servers as needed, especially during peak hours
Escalate major issues when necessary (e.g. safety risks, equipment failure)

GreenFox Environmental 6 months 2024

Plant Health Care Technician

Deep Root Fertilization of trees and Shrubs.
Maintenance of lawn and garden including: Cutting, trimming, weeding.
Application of Turf Fertilizer.
Application of Weed Control Pesticides.
Application of biologic controls and pesticides to trees and shrubs.

Mark Stonework 1 month 2021

Landscaping Labourer

Transport materials in wheelbarrow.
Operate rammer.
Dig the worksite using shovels or spades.
Sweep and clean debris.
Level and prepare ground.

Magna Golf Club 2 months 2020

Dishwasher/Prep cook

Maintaining a clean and well-organized working environment
Bussing tables to collect soiled plates and flatware.
Maintaining the availability of clean dishes at all times.
Cleaning kitchen appliances and machines.
Helping other team members to unload and store deliveries.
Assist other staff members with tasks when the need arises.
Adhere to food safety procedures and regulations.
Organize and take out garbage and recycling.

Inventory management.
Customer service.
Microsoft (excel, word, powerpoint).