

# Benjamin Wallace

General Labourer | Fabrication & Manufacturing

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## SUMMARY

Reliable and motivated General Labourer with hands-on experience in fabrication shops and manufacturing environments. Strong work ethic, quick learner, and safety-focused. Comfortable with physically demanding work, shop equipment, and working both independently and as part of a team. Seeking a long-term opportunity to grow within a fabrication or manufacturing company.

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## CERTIFICATIONS

- CPR / First Aid (Physical Card)
  - Working at Heights (Physical Card)
  - Confined Space Awareness (Digital)
  - WHMIS (Digital)
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## EXPERIENCE

Galaxy Pallets Inc. – General Labourer

Smithville, ON | 02/2025 – Present

- Loaded lumber onto production machines and stacked, sorted, and inspected material as it exited various machines
- Assisted in shop operations including setup and assembly of pallets, boxes, and skids

- Assembled finished products using nail guns and hand tools while meeting production and quality standards
- Maintained a clean and organized work area to support safe and efficient operations

#### Central Fabricating and Welding – General Labourer

Beamsville, ON | 06/2024 – 12/2024

- Performed shop clean-up, organization, and material handling
- Assisted equipment operators by signaling and supporting machinery alignment and movement
- Completed repetitive assembly tasks using hand tools, power tools, and automated equipment
- Operated pallet jacks and forklifts to load and unload materials
- Maintained high standards of workmanship and routinely double-checked completed work

#### Sobeys – Deli Clerk

Beamsville, ON | 06/2022 – 06/2023

- Provided customer service in a fast-paced environment while maintaining professionalism
- Operated slicers and food-preparation equipment following safety guidelines
- Followed food safety, storage, labeling, and rotation procedures
- Communicated clearly with customers while taking and fulfilling orders

#### BDSS – Construction Co-op

Beamsville, ON | 09/2021 – 01/2022

- Assisted with organizing tools, materials, and equipment for construction projects
  - Supported peers with hands-on project work
  - Developed strong communication, teamwork, and learning skills
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## **SKILLS**

- General labour & fabrication support
- Material handling & shop clean-up
- Forklift & pallet jack operation
- Assembly with hand and power tools
- Physical endurance (lifting up to 50 lbs, standing long periods)
- Teamwork and independent work
- Strong safety awareness