
Chase Bennett

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Professional Summary

In the workplace, I am a diligent, efficient, and determined professional with a proven track record of excelling in team environments. My diverse experience spans manufacturing operations, retail, construction, landscaping, and fitness coaching. I am eager to advance my career by embracing new challenges and retaining new skills.

Skill Highlights

- Excel in motivating, leading, teaching, and continuous learning.
- Possess exceptional communication skills.
- Self-motivated and committed to excel in all aspects of life.
- Proficient in multitasking while maintaining organization and adhering to professional standards.

Work History

06/2020 - Present **Sienci Labs**, Waterloo, ON

Shipping and Receiving Manager

- Supervise and lead a team of 12 employees to ensure efficient production needs are met daily.
- Oversee the shipping of CNC machines, parts, and cutting tools, ensuring all customer orders are processed within 1–3 business days.
- Provide front line customer service, including assisting with product selection, processing payments, and handling returns or refunds professionally.
- Order supplies/parts, maintaining accurate inventory and stock counts.
- Operate forklifts daily for receiving incoming shipments and safely loading outbound freight.
- Skillful in software programs such as shipstation, woocommerce, Google Sheets, Meteorik, Katana, Etc...
- Operated, assembled, and managed 3D printers, CO2 laser machines, CNC machines, lathes and saws for cutting aluminum.
- Soldered PCB control boards for CNC machines.

01/2024 - 09/2024 **Fuzion Fitness**, Cambridge, ON

Personal Trainer

- Developed customized fitness plans and workouts to accommodate diverse fitness levels and goals.
- Provided expert advice on meal plans and diets tailored to clients personal goals.
- Monitored client progress and adjusted plans as needed using measurements, weight check-ins, and progressive overload techniques to achieve goals.

02/2020 - 05/2020 **Loblaws Distribution Centre**, Cambridge, ON

Order Picker

- Operated a tow motor to fulfill bulk orders for grocery stores.
- Selected items requested by stores, including 40lbs boxes of meats, vegetables, dairy, and other products.
- Assembled large orders onto pallets, securely wrapping them with plastic for stability.
- Delivered completed orders to designated loading docks for subsequent transport to the intended grocery stores.

06/2017 - 02/2020 **Hollister**, Kitchener, ON

Stock Associate/Cashier

- Assembled and affixed sensors to new merchandise, ensuring readiness for store display.
- Implemented efficient organizational strategies in merchandise and stock rooms to enhance workplace safety and operational effectiveness.
- Demonstrated exceptional customer service skills by assisting patrons with their shopping needs.
- Managed cash transactions proficiently, achieving high sales performance.
- Upheld store aesthetics by restocking floor set items, verifying incoming orders, and fulfilling online orders promptly.

03/2019 - 11/2019 **Independent Landscaping Company**, Kitchener, ON

Laborer

- Managed daily upkeep of outdoor landscapes across multiple properties.
- Ensured cleanliness and tidiness of parking garages through regular sweeping and cleaning.
- Performed lawn mowing to maintain neat and well-kept grounds.
- Trimmed overhanging bushes and trees to enhance property aesthetics and safety.
- Cultivated gardens by planting flowers and maintaining daily watering routines.

09/2018 - 09/2019 **Aberdeen-Construction**, Kitchener, ON

Site Laborer

- Cleared debris from the construction site and maintained a safe work environment.
- Provided assistance to various contractors, supporting them with their tasks.

Education

Grand River Collegiate Institute, Kitchener, ON 2014-2018

Conestoga College, Kitchener, ON 2019-2020

- Personal health and fitness promotion

Certifications

- Forklift Certified
- Canadian Red Cross - CPR/AED Certified
- Certified Personal Training Specialist - Canfit Pro
- Smart Serve